

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

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1. What is a health assessment?
 - a. It is an assessment used by nurses to look at the patients overall health. Asking many questions about their history, current health and just anything that could relate to why they are there today.

2. What assessment technique requires observation?
 - a. inspection

3. What type of sounds will you hear with the diaphragm of a stethoscope?
 - a. High pitched sounds like breath, bowel, and heart sounds

4. When palpating a client, you should use what side of the fingers?
 - a. Fingertips

5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
 - a. false

6. What is percussion?
 - a. Tapping the patients skin with a short motion to determine vibrations

7. List two tools that can be used for inspection.
 - a. Tape measure, pen light

8. What is subjective data?
 - a. Patients reason

9. What is objective data?
 - a. Observed by the nurse

10. True or False: A chief complaint is the clients reasoning for seeking medical care?
 - a. true