

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?
 - A health assessment is an evaluation of a patient to collect data and create a care plan for the patient.

2. What assessment technique requires observation?
3. - The assessment technique that requires observation is the inspection technique

4. What type of sounds will you hear with the diaphragm of a stethoscope?
 - Heart sounds, breathing sounds, bowel sounds, and high pitched sounds.

5. When palpating a client, you should use what side of the fingers?
 - When palpating a client you should use the pads of your fingers on the anterior side.

6. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.
 - False

7. What is percussion?
 - Percussion is a technique used for advanced providers to assess the density of a structure or organ of a patient.

8. List two tools that can be used for inspection.
 - Tape measure
 - Penlight

9. What is subjective data?
 - Subjective data is the information the patient provides you with on their health.

10. What is objective data?
 - Objective data is the findings of the nurse about the patient's health from assessing the patient.

11. True or False: A chief complaint is the client's reasoning for seeking medical care?
 - True