

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

**Assessment Day 1 Class Prep Worksheet**

1. What is a health assessment?  
Performed on patients to identify their individual needs that will be addressed throughout their care experience, a health assessment involves collecting data, using clinical judgment, and evaluating the acquired data.
2. What assessment technique requires observation?  
The inspection assessment technique requires observation.
3. What type of sounds will you hear with the diaphragm of a stethoscope?  
Using the diaphragm of the stethoscope, you will be able to hear high-pitched sounds. This would include your bowel sounds, breath sounds, and clear heart sounds.
4. When palpating a client, you should use what side of the fingers?  
When palpating a client, the healthcare provider should use the dorsal side of their fingers.
5. True or **False**: When auscultating, you should always apply firm, hard pressure with the stethoscope.
6. What is percussion?  
While performing an assessment using the percussion skill, the healthcare provider would tap their fingers along the client's skin to determine vibrations from the underlying organs.
7. List two tools that can be used for inspection.  
Both a penlight and pulse oximeter could be used for inspection.
8. What is subjective data?  
Subjective data refers to things that the patient has relayed to the healthcare provider. This includes their initial complaints and their answers to assessment questions.
9. What is objective data?  
Objective data refers to data that has been collected by the healthcare provider through direct assessment.
10. **True** or False: A chief complaint is the client's reasoning for seeking medical care?