

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 3 Class Prep Assignment

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1. What are types of vital signs?
 - a. Oxygen saturation, vision, dental
 - b. Temperature, pulse, respiration, blood pressure, oxygen saturation**
 - c. Temperature, blood pressure, visual acuity
 - d. Heart rate, intracranial pressure, pulse point

Answer: b

2. Which blood pressure would be abnormal for an adult?
 - a. 170/98**
 - b. 120/60
 - c. 120/80
 - d. 130/70

Answer: a

3. What is the normal body temperature?
 - a. 99.5
 - b. 101
 - c. 92.6
 - d. 98.6**

Answer: d

4. Why are vital signs important?
 - a. They indicate the overall wellbeing of the patient**
 - b. They are not important
 - c. So you have something to chart
 - d. To keep the patient in the hospital longer

Answer: a

5. What three things may increase the body temperature?
 - a. Illness, infection, environment**
 - b. Sleep, cold, malnutrition
 - c. Exercise, cold water, eating
 - d. Illness, fasting, mouth breathing

Answer: a

6. Name three pulse points?
 - a. Neck, foot, head
 - b. Carotid, brachial, popliteal**

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- c. Abdomen, heart, lung
- d. Rib, artery, pancreas

Answer: b

7. The pulse point in the neck is called?
- a. Neck pulse
 - b. Dorsalis pedis
 - c. Femoral
 - d. Carotid

Answer: d

8. The top number of the blood pressure reading is called?
- a. Systolic
 - b. Systemic
 - c. Selective
 - d. Symmetrical

Answer: a

9. The bottom number of the blood pressure is called?
- a. Diabolic
 - b. Distilled
 - c. Diabetic
 - d. Diastolic

Answer: d

10. Respirations is the process of breathing in _____ and expelling _____.
- a. Air, helium
 - b. Oxygen, carbon dioxide
 - c. Oxygen, air
 - d. Water, bubbles

Answer: b

11. A pulse rate of 52 beats per minute is considered?
- a. Tachycardia
 - b. Tachypnea

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- c. Apnea
- d. Bradycardia

Answer: d

12. Vital signs are normally taken when the person is?

- a. Standing only
- b. Lying down only
- c. Sitting or lying down
- d. Sleeping

Answer: c

13. Your patient has a rectal temperature of 95.6. This is considered?

- a. Out of normal range
- b. Within normal range
- c. Abnormal
- d. Hyperthermia

Answer: a

14. What is the **most** common site for taking a pulse in an adult?

- a. Radial
- b. Brachial
- c. Pedal
- d. Carotid

Answer: a

15. Which pulse rate would be of greatest concern for an adult?

- a. 62
- b. 48
- c. 80
- d. 74

Answer: b

16. What artery is used to measure blood pressure?

- a. Carotid
- b. Radial
- c. Femoral
- d. Brachial

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Answer: d

17. All of the following factors tend to increase blood pressure, **EXCEPT?**

- a. Sleeping
- b. Stress
- c. Pain
- d. Exercise

Answer: a

18. Your patient has a blood pressure of 80/56, this is considered?

- a. Hypertension
- b. Hypocardia
- c. Hypotension
- d. Hypercardia

Answer: c

19. How many respirations should a healthy adult have per minute?

- a. 60-90
- b. 12-20
- c. 18-30
- d. 100-120

Answer: b

20. When a person is having a difficult time breathing or has labored breathing, this is considered?

- a. Tachypnea
- b. Apnea
- c. Bradypnea
- d. Dyspnea

Answer: d