

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
 - a. Soap and water only: **The healthcare worker finished using the restroom, so they washed their hands only with soap and water.**
 - b. Waterless hand rub: **The healthcare worker entered a patient's room to do an assessment. Before having direct contact with the patient, the healthcare worker used waterless hand rub.**

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient was on contact precautions because he had an infection on his leg.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
 - a. **Ask for the patient to verify name and date of birth.**
 - b. **Check the patient's identification (Name and Date of Birth) on their wristband**

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	___ HS _____
Four times a day	___ QID _____
Dx	___ Diagnosis _____
BR	___ Bedrest _____
CXR	___ Chest x-ray _____

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

Head of bed _____ **HOB** _____

IVF _____ **Intravenous fluids** _____

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. **Stroke**
- b. Hypertension
- c. Flu
- d. **Acid Reflux**
- e. **Mouth Sores**
- f. **Dental Issues**
- g. Common cold