

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
 - a. Soap and water only: when caring for patients with certain infections
 - b. Waterless hand rub: before preparing or administering medication

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient had an infection on his leg, causing him to be placed on contact precautions

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
 - a. When entering the room, each nurse introduced themselves and explained to the patient what task they would like to do with them. They also confirmed with the patient that it was okay for them to complete the needed task.
 - b. After asking the patient for their name and date of birth, each nurse checked the patient's arm band to confirm their name and date of birth

4. Fill in the correct medical abbreviations for the following terms:

Bedtime _____

Four times a day _____

Dx _____

BR _____

CXR _____

Head of bed _____

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IVF

__Intravenous Fluids__

5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold