

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.
 - a. Soap and water only: When the hands are visibly soiled.
 - b. Waterless hand rub: Prior to donning gloves, both clean and sterile, and after removing gloves.

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient had a bacterial infection on the posterior side of the leg.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?
 - a. Verifying with the patient their name and DOB by asking them to state the information aloud.
 - b. Applying the hand rub in front of the patient and putting on a pair of clean gloves.

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	HS
Four times a day	QID
Dx	diagnosis
BR	bed rest
CXR	chest x-ray
Head of bed	HOB
IVF	intravenous fluids

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. **Stroke**
- b. Hypertension
- c. Flu
- d. **Acid Reflux**
- e. **Mouth Sores**
- f. **Dental Issues**
- g. Common cold

Answers: a, d, e, f