

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

- a. Soap and water only: _When hands are visibly soiled, such as dirt being present_____
- b. Waterless hand rub: _When entering and exiting a patient's room _____

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient was on contact precautions due to an infection on the patient's leg. _____

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

- a. Hand hygiene_____
- b. _Ask the patient for their name and date of birth_____

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	___bt_____
Four times a day	___QID_____
Dx	___Diagnosis_____
BR	___bedrest_____
CXR	___Chest x-ray_____
Head of bed	___HOB_____
IVF	___Intravenous Fluids_____

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold