

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Day 1 Class Prep Assignment

1. According to the Beebe Healthcare's Hand Hygiene policy, identify a situation in which a healthcare worker should use only soap and water to clean their hands. Then identify a situation where a healthcare worker could use waterless hand rub.

- a. Soap and water only: When the hands are visibly soiled
- b. Waterless hand rub: Before direct contact with patients

2. Go to the ATI Module for Infection Control/Isolation found under "Foundational Nursing Practice" in Engage Fundamentals 2.0. Find the "Types of Precautions" lesson and watch the Video called "Transmission-Based Precautions." Why was the patient in the video on contact precautions?

The patient was on contact precautions because he has a suspected infection of his leg.

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

- a. Wash your hands with soap and water, or waterless hand rub.
- b. Introduce yourself and confirm your patient's identity.

4. Fill in the correct medical abbreviations for the following terms:

Bedtime	<u>HS</u>
Four times a day	<u>QID</u>
Dx	<u>Diagnosis</u>
BR	<u>Bedrest</u>
CXR	<u>Chest x-ray</u>
Head of bed	<u>HOB</u>
IVF	<u>Intravenous Fluids</u>

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5. Go to the ATI Module for Nutrition found under “Physiological Concepts for Nursing Practice” in Engage Fundamentals 2.0. Find the lesson – Nursing Interventions – and answer the following question.

Medical conditions that put a client at an increased risk for aspiration include? **Select all that apply.**

- a. Stroke
- b. Hypertension
- c. Flu
- d. Acid Reflux
- e. Mouth Sores
- f. Dental Issues
- g. Common cold