You Tube Video: Dissociative Disorders

https://www.youtube.com/watch?list=PLUwR2zzyuw7lfPNXGjRTYCDXuO8RCrMh7&v=XF2zeOdE5GY

1) Normal Dissociation: “Autopilot”

2) Dissociative Disorder

   a) Impaired Awareness of Actions, Thoughts, Physical Sensations, Identity
   b) Stems from trauma

3) Three Types:

<table>
<tr><th colspan="2">Depersonalization/ Derealization Disorder</th><th>Dissociative amnesia</th><th>Dissociative identity Disorder</th></tr>
<tr><td>↓
Feeling of Detachment from oneself</td><td>↓
Feeling that the world around you is not fully real</td><td rowspan="2">Blocks out or forgets important information
Types:
Localized-

Generalized-

Dissociative Fugue-</td><td rowspan="2">Overt- > 2 distinct identities</td></tr>
<tr><td colspan="2">Symptoms:</td></tr>
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4) Diagnosis
   a) Differentials:
      i) Substance Intoxication
      ii) Seizures
      iii) Brain Trauma
      iv) Dementia
      v) Anxiety Disorder
      vi) Bipolar Disorder
      vii) Schizophrenia
5) Treatment
   a) Psychotherapy

i) DID-