

ACTIVE LEARNING TEMPLATE: **Medication**

STUDENT NAME Hanna Wehrd

MEDICATION Estrogen - esterified

REVIEW MODULE CHAPTER _____

CATEGORY CLASS hormone

PURPOSE OF MEDICATION - responsible for development and maintenance of female reproductive system.

Expected Pharmacological Action
modulates release of gonadotropin releasing hormone, reduces follicle stimulating hormone + luteinizing hormone

Therapeutic Use - reduces elevated levels of gonadotropins, LH and FSH

Complications
vaginal bleeding, breast pain, tenderness, gynecomastia, HA, HTN, intolerance to contact lenses

Medication Administration
cyclic admin 3wks on, 1wk off, or 25dys on, 5dys off
- different for condition benign treated

Contraindications/Precautions
hypersensitivity, breast ca, hepatic disorder, thrombophlebitis, vaginal bleeding, pregnancy, asthma, HA, epilepsy, migraine, endometrosis

Nursing Interventions
assess BP, edema, weight daily.
monitor for complications vision, diplopia, migraine, and proptosis

Interactions
anticoags, anastrozole, exemestane, fennel and red clover

Client Education
avoid smoking, grapefruit products
report s/sx
diet and exercise are important when using for osteoporosis

Evaluation of Medication Effectiveness
monitor levels of gonadotropins, LH, FSH

ACTIVE LEARNING TEMPLATE: **Basic Concept**

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REVIEW MODULE CHAPTER _____

CONCEPT testicular self-exam

Related Content

(E.G., DELEGATION, LEVELS OF PREVENTION, ADVANCE DIRECTIVES)

risk for testicular CA ages 20-35

Underlying Principles

- identify structures
Smooth, egg shaped, one normally larger than the other, Spermatic cord firm and smooth
- educate client on how to do it and importance of yearly exam
- to examine for irregularities

Nursing Interventions

WHO? WHEN? WHY? HOW?

- done monthly
- warm environment - not cold
- use both hands, palpate scrotum, check for lesions or masses
- ask pt hx