

Patient Problems (Nursing Diagnoses)

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List two potential patient problems you will be addressing as part of your nurse's notes, along with clinical reasoning, goals/expected outcomes, assessments, and priority nursing interventions. The patient problems must be in priority order. Six nursing interventions for each priority problem must be completed.

Problem # 1 Imbalanced Nutrition: Less than body requirements

Clinical Reasoning: weight loss, inadequate intake

Goal/EO: PT will eat greater than or equal to 50% of all meals during my time of care.

Ongoing Assessments: assess nutritional status qshift, assess % of intake every meal qshift, assess weight loss or gain qshift, assess lab values qshift.

- NI:**
1. Educate on body's nutritional needs q shift.
 2. Provide additional snacks between meals qshift.
 3. Provide company and encouragement during mealtime qshift.
 4. Ensure pleasant and comfortable environment qshift.
 5. Ensure proper positioning during meals qshift.
 6. Provide proper mouth care qshift.
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Problem # 2 Chronic Pain

Clinical Reasoning: abdominal pain, facial grimacing

Goal/EO: Pt will have less than or equal to 5/10 pain on the numeric pain scale by the end of my shift.

Ongoing Assessments: Assess PQRST of pain qshift., Assess HR,BP, RR, q4hrs.

- NI:**
1. Encourage deep breathing techniques PRN.
 2. Apply heating pack PRN.
 3. Administer Infliximab IV as ordered.
 4. Administer Morphine IV as ordered.
 5. Encourage distraction activities like watching tv, reading, etc. qshift.
 6. Educate on s/sx of pain to report qshift.