



MHR SON Star Nomination Form

Date submitted: _03/16/2023_

Name of person submitting nomination: _Lucy Siranides_____

Name of student nominated: _Catharine Cardellino_____

Tell us what makes this student a star: ___During clinical on 03/14/2023, Cat accompanied her patient to the discharge lounge. During discharge instructions, the nurse was unaware of the patient's condition as they were on a 2L fluid restriction. The nurse was encouraging the patient to drink more fluids, but Cat politely informed the discharge nurse that the patient was in heart failure and needed to maintain the fluid restriction at home. Also, when the patient was still in the hospital a nurse that was not the patient's brought in a large cup of water and milk, but Cat tried to tell the nurse about the fluid restriction. Cat did a great job keeping her patient safe and using her communication skills with other healthcare professionals._____