

Patient Problems (Nursing Diagnoses)

List two potential patient problems you will be addressing as part of your nurse's notes, along with clinical reasoning, goals/expected outcomes, assessments, and priority nursing interventions. The patient problems must be in priority order. Six nursing interventions for each priority problem must be completed.

Problem # 1 Risk for deficient fluid volume

Clinical Reasoning: Due to diarrhea, inflammations and fever.

Goal/EO: The client will maintain adequate fluid volume by having moist mucous membranes, capillary refill, good skin turgor, and balanced I&O by the end of my care.

Ongoing Assessments:

1. Assess I&O's, note the amount and characteristic of stools throughout my care time.
2. Assess VS (BP, pulse, temp) q4hr during my care.
3. Observe for slowed capillary refill, decreased skin turgor, and dry skin throughout my care.
4. Assess weight daily during my care.
5. Observe for bleeding in the stool during my care.

NI: 1. Provide a high protein/calorie diet all throughout my care.

2. Administer fluids (water and salt drinks) throughout my care time.

3. Administer Prednisolone 10-40mg PO, daily throughout my care time.

4. Educate patient and family on how to monitor I&O's during my care.

5. Educate on importance of maintain proper hydrations and nutrition throughout my care.

6. Administer Ciprofloxacin 250-500mg PO, daily thought my care time.

Problem # 2 Diarrhea

Clinical Reasoning: Due to frequent watery stools, abdominal pain (cramping), hyperactive bowel sounds.

Goal/EO: The client will experience a decrease in frequency of stools and return of normal stool consistency by the end of my care.

Ongoing Assessments:

1. Assess stool frequency, characteristic, and amount throughout my care time.
2. Assess onset and pattern of diarrhea during my care time.
3. Observe for fevers, chills, cramping, bloody stools, abdominal pain, and physical exertion all throughout my care.
4. Observe for tachycardia, lethargy, anxiety, and leukocytosis during my care time.

NI: 1. Provide clean environment with wipes, creams, and privacy during my care.

2. Provide bedside commode during my care.

3. Provide clear liquids (water, ginger ale) q 1hr during my care.

4. Administer sulfasalazine 500-1000mg PO, q6hr during my care time.
5. Administer metronidazole 500-750mg PO, TID during my care.
6. Educate on avoiding raw vegetables, alcohol, and milk products during my care.