

Patient Problems (Nursing Diagnoses)

List two potential patient problems you will be addressing as part of your nurse's notes, along with clinical reasoning, goals/expected outcomes, assessments, and priority nursing interventions. The patient problems must be in priority order. Six nursing interventions for each priority problem must be completed.

Problem # 1 Impaired urinary elimination

Clinical Reasoning: UTI

Goal/EO: Patient will achieve normal urinary elimination as evidenced by absence sign of urinary disorders (urgency, oliguria, dysuria)

Ongoing Assessments: Assess the frequency, amount and character of urine q2hr. Assess for signs of incontinence q2hr. Record intake and output q2hr. Assess urine elimination pattern qshift.

- NI:
1. Encourage the intake of adequate number of fluids q4hrs
 2. Educate female client to wipe from front to back qshift.
 3. Educate symptoms of UTI (dysuria, urgency to urinate)
 4. Encourage drinking cranberry juice with zero sugar qshift.
 5. Limit the use of indwelling bladder catheters to manage incontinence qshift.
 6. Educate to avoid coffee, tea, spices, alcohol and sodas
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Problem # 2 Acute Pain

Clinical Reasoning: UTI

Goal/EO: Patient will report a satisfactory pain control at a level less than 5 on a scale of 0 to 10 during my time of care.

Ongoing Assessments: Assess for pain (description, quality, severity and score) Assess frequency, burning on urination, elevated temperature and elevated WBC count qshift. Assess pain/discomfort q4hr. Monitor labs/diagnostic qshift

- NI:
1. Apply heating pad to the suprapubic or lower back qshift
 2. Administer analgesics (acetaminophen) as prescribed
 3. Encourage increased fluid intake q4hr
 4. Encourage to void frequently
 5. Educate the importance of completing the antibiotic therapy qshift
 6. Administer antibacterial agents as prescribed