ACTIVE LEARNING TEMPLATE: *Nursing Skill*

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SKILL NAME Enteral feedings REVIEW MODULE CHAPTER

Description of Skill

-enteral feedings are instiued for a client who has a functioning GI tract but is unable to swallow or take in adequate calories and protein orally. It can be in addition to an oral diet or it can be the only source of nutrition.

Indications

-inability to eat due to a medical condition (ex. comatose/intubated)
-patholigies that cause difficulty swallowing or increase risk of aspiration
(ex. stroke, advanced parkisons disease, multiple sclerosis)
-inability to maintain adequate oral nutrtional intake and need for supplementaion due to increased metabolic demands (ex. cancer therapy, burns, sepsis)
-malnutrition (decreased prealbumin, transferrin, and total iron binding capacity
-aspiration pneumonia

Outcomes/Evaluation

-resembles normal eating schedule
-feeding at night and normal eating during day
-permits more flexibility and mobility
-patient is comfortable

CONSIDERATIONS

Nursing Interventions (pre, intra, post)

pre- semi-fowlers position, check tube placement and patency, check residual volume then reinstill aspirant: Q4-6h for continuous feedings, before q intermittent feeding, flush tube with 30-60mL water
during- administer feeding at room temperature
Infuse slowly
after- flush tube, semi-fowlers position for 30-60 min

Client Education

-educate the type of formula they will be recieving, s/sx, complications, importance of oral care, tube/skin care

Potential Complications

-overfeeding
-diarrhea
-aspiration pneumonia
-refeeding syndrome
-displacment

Nursing Interventions

-tolerance
-maintain I&O
-assess for complications
-mouth care
-monitor serial weights