ATI Virtual Clinical Questions and Reflection:

1) Identify two members of the healthcare team collaborating in the care of this patient:
    a. **Esther, RN**
    b. **Dr. March, Gastroenterologist**
2) What were some steps the nursing team demonstrated that promoted patient safety?
    a. **Assessing abdominal pain, using PQRST.**
    b. **Inspecting ileostomy bag.**
    c. **Educating on ways to avoid stress to prevent exacerbations/complications.**
3) Do you feel the nurse and medical team utilized therapeutic communication techniques when interacting with individuals, families, and health team members of all cultural backgrounds?
    a. If **yes**, describe: **They were clear in their reactions they introduced themselves, educated the patient in a nice way, explained everything.**
    b. If **no**, describe: **N/A**

Reflection

1) Go back to your Preconference Template:
    a. Indicate (circle, star, highlight, etc.) the components of your preconference template that you saw applied to the care of this patient.
2) Review your Nursing Process Form: Did you select a correct priority nursing problem?
    a. If **yes,** write it here: **NO**
    b. If **no,** write what you now understand the priority nursing problem to be: **Ineffective health maintenance behaviors**
3) Review your Patient Problem Form: Did you see many of your anticipated nursing assessments and interventions used? **YES (Assess knowledge of diet, medications, and ways to avoid exacerbations/complications)**
    a. Were there interventions you included that *were not* used in the scenario that could help this patient?
        i. If **yes,** describe: **Educate on medication regimen, educate on signs of bleeding (bloody stool), educate on diversional activities.**
        ii. If **no,** describe: **N/A**
4) After completing the scenario, what is your patient at risk for developing?
    a. GI Bleed/Exacerbation of Crohn's
    b. Why? **Due to stress, not having a proper diet, and not knowing how to prevent exacerbations of her disease.**
5) What was your biggest "take-away" from participating in the care of this patient? How did this impact your nursing practice?

    My biggest take away from caring for this patient is that patients need education. Not everyone knows how to treat their disease and improve their quality of life. This impacted my nursing practice by expressing the importance of educating the patient.

SOAP Note Based on Priority Problems

Priority Patient Problem #1: Ineffective health maintenance behaviors

Subjective: *This section explains the client symptoms. Include a narrative of the patient's complaints/concerns and/or information obtained from secondary sources.*	**History Present Illness (HPI): (1530) C/O weak and dizzy, serosanguineous effluent in ostomy bag. VS- temp. 98.8, P 114, RR 22, BP 100/60, SpO2 95%. Hgb is 7mg/dL, Hct 21%, IV of NS 1000mL at 150mL/hr with 700mL left in bag. Skin is pale, warm, and dry. Voided 500mL and hemoccult of stool sent to lab. Pro time 12.2, PT 21 sec, and INR 0.7. On 2L oxygen.** **PMH: Crohn's disease with intermittent gastritis, six months ago had ileostomy place.** **Allergies: Sulfa** **Current Medications: Infliximab, Ibuprofen, Morphine, Acetaminophen**
Objective: *This section is your clinical observations. Include pertinent vital signs, pertinent labs and diagnostics related to the priority problem.*	**Vital Signs: (1/18) (1500) T 37.0, P 110, RR 26, BP 94/56, SpO2 95% 2L. (1530) T 37.1, P 114, RR 22, BP 100/60, SpO2 95% 2L. (1900) T 37.2, P 100, RR 24, BP 102/62, SpO2 95% 2L** **Labs: (1/18) CBC: RBC: 2.7, Hgb: 7, Hct: 21%, MCV: 105, MCHc: 48, WBC: 6000, Plt: 162,000, PTT: 21 sec, PT 12.2 sec, INR 0.7.** **Diagnostics: Fecal occult blood: positive**
Assessment: *Focused assessments on your priority problem.*	**-Assess for coping skills for stress** **-Assess diet** **-Assess abdominal pain** **-Assess Hgb/Hct for bleeding related to exacerbation** **-Assess knowledge of disease** **-Assess lifestyle/home life**
Plan ***Based on priority problem only** *Include what your plan is for the client. What treatments or medications are needed? You can include procedures, consults, labs/diagnostics, etc. What nursing interventions are being performed?*	**Plan:** **-Packed red blood cell transfusion to bring up Hgb/Hct (watch for s/sx of reaction to blood)** **-Get CBC and hemoccult on stool** **-Auscultate and palpate abdomen** **-Tx pain with morphine and inflammation with Infliximab** **-Avoid Ibuprofen that she was taking** **Teaching & Resources:** **-Educate on medication regimen** **-Educate on diet** **-Educate on ways to cope with stress** **-Educate on ways to improve quality of life and avoid exacerbation** **-Home health assistant or educator to help ensure lifestyle changes are being met to avoid hospitalization**