

## **NURSING 202: Advanced Concepts of Nursing**

### **UNIT I: The Concept of Critical Care Nursing/Nursing Management of Care**

#### **UNIT OBJECTIVES**

##### **AT THE COMPLETION OF THE UNIT, THE STUDENT:**

1. Demonstrates the role of district nurse.
2. Utilizes the principles of safety.
3. Identifies the types of patients admitted to critical care units.
4. Lists stimuli common in the critical care environment which can produce sensory overload or deprivation in the critically ill patient.
5. Discusses the psychological impact of critical illness on the patient and the family.
6. Discusses the psychological impact of an unexpected, untimely death on patients and their families.
7. Describes the psychological impact of working in critical care areas on nurses.
8. Identifies how to use the Early Nursing Intervention Team (ENIT) and the Rapid Response Team (RRT).
9. Demonstrates critical thinking skills.
10. Applies the principles of documentation of nursing care.
11. Describes the pathophysiology, treatment, and nursing care of the patient with septic shock.
12. Demonstrate and interprets assessments for patients with multisystem failure.
13. Discusses the pathophysiology and treatment of metabolic response to injury.
14. Discusses vascular access devices.
15. Demonstrates correct blood administration procedure.
16. Explains the nursing care of the patient with Total Parenteral Nutrition (TPN) therapy.
17. Applies the principles of priority setting and delegation when planning and implementing patient care.
18. Identifies and implements the National Patient Safety Goals (Joint Commission).
19. Demonstrates correct physical assessment skills in medical-surgical and critical care nursing.

20. Describes the principles of conduction and electrophysiology to identify cardiac dysrhythmias.
21. Describes the clinical manifestations associated with cardiac dysrhythmias.
22. Identifies benign and fatal dysrhythmias.
23. Identifies the correct treatments for dysrhythmias and the protocols for the patient in cardiac arrest.
24. Teaches patients about their various health care needs.
25. Discusses and administers appropriate medications for all patients.
26. Applies evidence-based practice/best practice standards related to care of the critical care patient and in nursing management.

CONTENT/ HOURS	TEACHING STRATEGIES	SUPPORTING ACTIVITIES	EVALUATION METHODS
<p><b>Unit I: The Concept of Critical Care Nursing/ Nursing Management</b>  <b>Theory Hours- 15</b>  <b>Clinical Hours- 9</b>  <b>SLP- 1</b></p> <p><b>Unit I Part I:</b></p> <p>I. Dynamics of Critical Care</p> <ul style="list-style-type: none"> <li>A. Psychosocial aspects of complex healthcare settings</li> <li>B. Patients admitted to critical care units <ul style="list-style-type: none"> <li>i. Environment/Resources in critical care</li> </ul> </li> <li>C. Adverse effects of critical care units on patients <ul style="list-style-type: none"> <li>i. Sensory deprivation &amp; overload</li> <li>ii. Sleep deprivation</li> <li>iii. ICU delirium</li> <li>iv. Nursing care and management</li> </ul> </li> <li>D. Patient response to stress/ illness</li> <li>E. Families in crisis <ul style="list-style-type: none"> <li>i. Resources</li> <li>ii. Nursing care &amp; management</li> </ul> </li> </ul> <p>II. Critical Thinking/ Clinical Judgement in Critical Care</p> <ul style="list-style-type: none"> <li>A. Determining Priorities in Critical Care <ul style="list-style-type: none"> <li>i. First-level Priority</li> <li>ii. Second-level Priority</li> <li>iii. Third-level Priority</li> </ul> </li> <li>B. Critical Thinking <ul style="list-style-type: none"> <li>i. Characteristics of Critical Thinkers</li> <li>ii. Physical Assessment</li> </ul> </li> <li>C. Clinical Resources <ul style="list-style-type: none"> <li>i. Early Nursing Intervention Team (ENIT)</li> <li>ii. Rapid Response Team (RRT)</li> <li>iii. Code Blue</li> </ul> </li> <li>D. Communication with patients and families</li> </ul>	<p>Interactive Lecture</p> <p>Interactive Learning:  Class discussion of fears and experiences in critical care</p> <p>Interactive Learning:  Class discussion on sensory input experienced by the critical care patient</p> <p>Interactive Learning:  Class discussion on communicating with families in crisis</p> <p>Cooperative Learning:  Completion of in-class critical thinking patient care scenarios/case studies</p> <p>Interactive Learning:  Class discussion on critical thinking patient care scenarios</p> <p>Lecture/ Reflection  Video Enrichment:  YouTube Video Clip:  Terms of Endearment</p>	<p>Medical-surgical, step-down, and Critical Care area multiple patient (District) clinical assignments.</p> <p>ICU Simulation: John French, Septic Shock</p> <p>ICU Clinical Assignments</p>	<p>Pre &amp; Post-Conference:  Care of the assigned patients</p> <p>Class Preparation Assignments</p>

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<p>III. ICU Care of the Patient with Sepsis/Septic Shock</p> <ul style="list-style-type: none"> <li>A. Differentiation of Types of Shock <ul style="list-style-type: none"> <li>i. Hypovolemic Shock</li> </ul> </li> <li>B. Septic Shock <ul style="list-style-type: none"> <li>i. Causes</li> <li>ii. Pathophysiology</li> <li>iii. Stages of septic shock</li> <li>iv. Nursing care and medical management</li> </ul> </li> <li>C. Progression of SIRS to MODS</li> <li>D. Disseminated Intravascular Coagulation (DIC)</li> </ul>	<p>Visual-Based Active Learning: Khan Academy Videos: Sepsis Pathophysiology, Sepsis Diagnosis and Treatment, and SIRS to MODS</p> <p>Unfolding Case Study: SIRS/MODS</p>	<p>Class Preparation: Video-based learning on Sepsis Treatment and Medical Management</p>	
<p>IV. Vascular Access Devices, Enteral &amp; Parenteral Nutrition</p> <ul style="list-style-type: none"> <li>A. Vascular Access Devices (VAD) <ul style="list-style-type: none"> <li>i. Indications</li> <li>ii. Types <ul style="list-style-type: none"> <li>1. PICC</li> <li>2. Non-tunneled Central Catheter</li> <li>3. Tunneled Central Catheter</li> <li>4. Port</li> </ul> </li> <li>iii. Nursing Considerations</li> <li>iv. Complications</li> <li>v. Beebe Healthcare Policy of Management</li> </ul> </li> <li>B. Total Parenteral Nutrition/Enteral Nutrition <ul style="list-style-type: none"> <li>i. NG/PEG tubes</li> <li>ii. TPN</li> <li>iii. Policy &amp; Procedures</li> <li>iv. Nursing Care and Management</li> </ul> </li> </ul>	<p>Interactive Learning: Utilizing ATI Modules for VAD's</p> <p>Interactive Learning: Beebe Healthcare Policy Review</p> <p>Experiential Learning: Demonstration of VAD Types</p>		
<p>V. Blood Administration</p> <ul style="list-style-type: none"> <li>A. Indications for Blood Transfusion</li> <li>B. Consent and Refusal</li> <li>C. Blood Product Types</li> <li>D. Policy and Procedure</li> </ul>	<p>Interactive Learning: Beebe Healthcare Policy Review</p> <p>Experiential Learning:</p>	<p>Class Preparation: Blood Administration &amp; Policy Review</p>	

CONTENT/ HOURS	TEACHING STRATEGIES	SUPPORTING ACTIVITIES	EVALUATION METHODS
E. Transfusion Reactions  VI. Documentation of Care A. Documentation B. Delegation C. Policy Review	Blood Administration Procedure   Interactive Lecture: Joint Commission Verification Website	Self-learning packet	IV Competency Quiz Exam 1
<b>Unit I Part II:</b>			
VII. Joint Commission A. Joint Commission Overview i. Accreditation & Compliance B. National Patient Safety Goals	Interactive Lecture: BeebeNet Medication Resources/Lexicomp  Visual based learning: Josie King Video	Class Preparation: Joint Commission Weekly Survey	
VIII. Cardiac Rhythm Recognition and Interpretation A. Basic electrophysiology B. Blood flow through the heart C. Blood flow to the heart D. Conduction through the heart	Interactive lecture Video-enhanced learning: YouTube Clips  In-class workbook review and exercises, rhythm strip analysis.	YouTube Clips: Cardiac Conduction  ATI Pharmacology Made Easy 4.0	
IX. Cardiac Dysrhythmias and arrest A. Sinus arrhythmias B. Atrial arrhythmias C. Junctional arrhythmias D. Atrioventricular blocks E. Ventricular arrhythmias F. Cardiac Arrest	Video-enhanced learning: YouTube Clips Prezi: AV Blocks  Collaborative learning: Dysrhythmia concept maps	Independent review of BLS Algorithm	Quiz Exam 2