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N-201 Nursing Care of Special Populations
MENTAL HEALTH NURSING
Class Preparation #2- Jessica Rigby

Compare the three clusters of personality disorders & nursing interventions for each cluster:

| Clusters | Defining Characteristics | Nursing Interventions |
|--|---|--|
| <p>Cluster A: weird</p> <p>1. Paranoid personality</p> <p>2. Schizoid personality disorder</p> <p>3. Schizotypal personality disorder</p> | <p>1. Pervasive, persistent, and inappropriate mistrust of others. Trusts no one and constantly tests the honesty of others. Suspicious of other's motives.</p> <p>2. Profound defect in the ability to form personal relationships and failure to respond to others in a meaningful emotional way.</p> <p>3. Resembles schizophrenia, magical thinking, lacks close friends, bizarre speech pattern, has an inappropriate affect.</p> | <p>Attempt to establish trust, demonstrate professional demeanor, be honest clear, simple explanations and set limits.</p> |
| <p>Cluster B: wild</p> <p>1. antisocial personality disorder</p> <p>2. borderline personality disorder</p> <p>3. Histrionic personality disorder</p> <p>4. Narcissistic personality disorder</p> | <p>1. Fails to sustain consistent employment, fails to conform to the law, exploits and manipulates others for personal gain, persistent disregard for others, persistent violation of others' rights and the absence of remorse for hurting others.</p> <p>2. Emotionally unstable, may dissociate under stress, difficulty controlling anger, self-destructive, splitting defense and associated with a high suicide rate.</p> <p>3. Excitable & emotional, colorful and dramatic Extroverted, self-dramatizing, attention-seeking overly gregarious, seductive & manipulative</p> <p>4. Has a sense of entitlement, believe they should receive special consideration, lack of empathy; exploiting others to meet own needs, envious of others, use of splitting and tantrums.</p> | <p>Give positive reinforcement for unselfish or other-center behaviors, keep communications & interactions professional, provide support, help clarify true feelings and assess for suicidal ideation.</p> |
| <p>Cluster C: worried</p> <p>1. Avoidant personality disorder</p> <p>2. Dependent personality disorder</p> <p>3. obsessive-compulsive disorder</p> | <p>1. Extreme sensitivity to rejection and social withdrawal. Awkward and uncomfortable in social situations. Often lonely and feel unwanted.</p> <p>2. Characterized by a pattern of relying on others for emotional support, intense fear of separation and being alone, lack of self-confidence, low self-worth and easily hurt by criticism and disapproval</p> <p>3. Characterized by inflexibility about the way in which things must be done. Especially concerned with matters of organization and efficiency, tend to be rigid and unbending. Socially polite and formal, high achievers</p> | <p>Teach and role model assertiveness.</p> <p>Friendly, gentle reassuring approach.</p> <p>Guard against power struggles, provide structure and assist in developing effective coping techniques.</p> |