

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

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Assessment Day 1 Class Prep Worksheet

1. What is a health assessment?

A health assessment involves the collection, clinical judgment, and evaluation of data in order to plan and deliver patient-centered care while accounting for the client's preferences goals and needs. It identifies the needs of the client that will be addressed by the health care team to assist the client in achieving their highest level of health possible.

2. What assessment technique requires observation?

Objective data

3. What type of sounds will you hear with the diaphragm of a stethoscope?

High pitched, breath sounds, bowel sounds, and normal heart sounds.

4. When palpating a client, you should use what side of the fingers?

Finger pads on the index and middle finger

5. True or False: When auscultating, you should always apply firm, hard pressure with the stethoscope.

False

6. What is percussion?

Advanced skill that is not typically used, tapping of client's skin with a short quick motion to determine vibrations and sounds depending on the underlying structure or organ that is percussed.

7. List two tools that can be used for inspection.

Pen light and tape measure

8. What is subjective data?

Information that the client tells you in response to assessment questions.

9. What is objective data?

Data obtained through direct assessment of a client (inspection, percussion, palpation, and auscultation)

10. True or False: A chief complaint is the client's reasoning for seeking medical care?

True