

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

Day 3 Vital Signs - Class Prep

1. What are types of vital signs?
 - a. Temperature, pulse, respiration, blood pressure, oxygen saturation
2. Which blood pressure would be abnormal for an adult?
 - a. 170/98
3. What is the normal body temperature?
 - a. 98.6
4. Why are vital signs important?
 - a. They indicate the overall wellbeing of the patient
5. What three things may increase the body temperature?
 - a. Illness, infection, environment
6. Name three pulse points?
 - a. Carotid, brachial, popliteal
7. The pulse point in the neck is called?
 - a. Carotid
8. The top number of the blood pressure reading is called?
 - a. Systolic
9. The bottom number of the blood pressure is called?
 - a. Diastolic
10. Respirations is the process of breathing in _____ and expelling _____.
 - a. Oxygen, carbon dioxide
11. A pulse rate of 52 beats per minute is considered?
 - a. Bradycardia
12. Vital signs re normally taken when the person is?
 - a. Sitting or lying down
13. Your patient has a rectal temperature of 95.6. This is considered?
 - a. Hyperthermia

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14. What is the most common site for taking a pulse in an adult?
 - a. Radial

15. Which pulse rate would be of greatest concern for an adult?
 - a. 48

16. What artery is used to measure blood pressure?
 - a. Brachial

17. All of the following factors tend to increase blood pressure, EXCEPT?
 - a. Sleeping

18. Your patient has a blood pressure of 80/56, this is considered?
 - a. Hypotension

19. How many respirations should a healthy adult have per minute?
 - a. 18-30

20. When a person is having a difficult time breathing or has labored breathing, this is considered?
 - a. dyspnea