

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

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**Day 2 Class Prep Worksheet**

1. What is a CAUTI?

**Catheter associated urinary tract infection**

2. What are ways to prevent a CAUTI? **Select all that apply:**

**A. Hand Hygiene**

B. Prolonged use of indwelling catheters

**C. Routine catheter care**

**D. Early removal of indwelling catheter**

E. Good nutrition

3. What is the most effective way to prevent healthcare-associated infections (HAIs)?

- **Effective handwashing**

4. In which circumstances should a healthcare worker utilize soap and water for hand hygiene instead of waterless hand rub? **Select all that apply:**

**A. When hands are visibly soiled**

B. When entering a client room

**C. After caring for a client who has infectious diarrhea**

D. Before checking a client's vital signs

E. Before performing a dressing change

5. What do you do with the orange sticker post foley catheter care?

**Place it on the foley bag**

6. What are the 4 types of exudates used to describe wounds?

- **Serous: Thin watery wound drainage**
- **Serosanguineous: : Thin watery wound drainage mixed with blood**
- **Sanguineous: Bloody wound drainage**
- **Purulent.: green/yellow wound drainage**

7. Identify 1 bony prominence susceptible to pressure injury formation:

- **Hip**

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8. What is the name of the equipment used to empty a foley catheter bag?

- **Clean graduated cylinder**

9. What type of bedpan do you utilize for a client with a hip fracture?

- A. Ridged bedpan
- B. Orthopedic bedpan
- C. Fractured bed pan**
- D. Bariatric bedpan

10. What is an imperative assessment you perform when you are positioning the client in a side-lying position?

**It is important to ask yourself, Is there body aligned? Making sure that they have a pillow behind their back and in between their legs and making sure that their heel is not laying on anything other than a pillow (to prevent pressure injuries). The final thing to look at is to make sure that there call bell is within their reach from their position.**