

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

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Day 2 Class Prep Worksheet

1. What is a CAUTI?

A catheter-associated urinary tract infection

2. What are ways to prevent a CAUTI? **Select all that apply:**

- A. Hand Hygiene
- B. Prolonged use of indwelling catheters
- C. Routine catheter care
- D. Early removal of indwelling catheter
- E. Good nutrition

3. What is the most effective way to prevent healthcare-associated infections (HAIs)?

The most effective way to prevent HAI's is to always follow proper hand hygiene techniques

4. In which circumstances should a healthcare worker utilize soap and water for hand hygiene instead of waterless hand rub? **Select all that apply:**

- A. When hands are visibly soiled
- B. When entering a client room
- C. After caring for a client who has infectious diarrhea
- D. Before checking a client's vital signs
- E. Before performing a dressing change

5. What do you do with the orange sticker post foley catheter care?

Place it on the foley bag

6. What are the 4 types of exudates used to describe wounds?

- 1) Serous 2) Serosanguineous 3) Sanguineous 4) Purulent

7. Identify 1 bony prominence susceptible to pressure injury formation: Elbows

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8. What is the name of the equipment used to empty a foley catheter bag?

Graduated cylinder

9. What type of bedpan do you utilize for a client with a hip fracture?

A. Ridged bedpan

B. Orthopedic bedpan

C. **Fractured bed pan**

D. Bariatric bedpan

10. What is an imperative assessment you perform when you are positioning the client in a side-lying position? A skin assessment