

## Modified Aldrete Scoring System Post Anesthesia Recovery Score

1. The Aldrete Scoring System will be used to monitor the patient's recovery from anesthesia. Each of 5 factors is given a score based upon observations of the client. The scores are totaled to determine the Aldrete score.
2. The client must achieve a score of 8-10 to be discharged from the PACU (except on documented orders from the Anesthesiologist or Surgeon).

### Definition and Explanation

1. Activity

|   |         |
|---|---------|
| A. Able to move 4 extremities voluntarily or on command | Score 2 |
| B. Able to move 2 extremities voluntarily or on command | Score 1 |
| C. Able to move 0 extremities voluntarily or on command | Score 0 |
  
2. Respiration

|                                   |         |
|-----------------------------------|---------|
| A. Able to deep breathe and cough | Score 2 |
| B. Dyspnea or shallow breathing   | Score 1 |
| C. Apneic                         | Score 0 |
  
3. Circulation

|  |         |
|--|---------|
| A. BP within 20% of pre-anesthesia level | Score 2 |
| B. BP 21 – 49% of pre-anesthesia level   | Score 1 |
| C. BP within 50% of pre-anesthesia level | Score 0 |
  
4. Consciousness

|                |         |
|----------------|---------|
| A. Fully awake | Score 2 |
| B. Arousable   | Score 1 |
| C. Unarousable | Score 0 |
  
5. Oxygen Saturations

|   |         |
|---|---------|
| A. Maintains value $\geq$ 92% on room air                 | Score 2 |
| B. Requires supplemental O <sub>2</sub> to maintain > 90% | Score 1 |
| C. Value < 90% even with supplemental O <sub>2</sub>      | Score 0 |
  
- \*\* Some facilities replace Oxygen Saturations with Skin Color

|   |         |
|---|---------|
| A. Normal pink skin or mucous membranes         | Score 2 |
| B. Skin color pale, dusky, blotchy or jaundiced | Score 1 |
| C. Skin color cyanotic                          | Score 0 |