

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

1. List three (3) times that you should always wash your hands, based on the CDC guidelines in “When and How to Wash your Hands.”

2. Go to the ATI Module for Infection Control/Isolation. Find the “Types of Precautions” lesson and watch the Video called “Transmission-Based Precautions.” Why was the patient in the video on contact precautions?

3. While reviewing the Basic Skills videos, you should notice similarities between the nurse/patient interactions in each video. Based on your observations, what are two (2) things you should do **before** providing any care to your patient?

4. Fill in the correct medical abbreviations for the following terms:

Before meals _____

Twice a day _____

Immediately _____

No known allergies _____

As necessary _____

Head of bed _____

Nothing by mouth _____

5. The LA times article recommended several songs other than “Happy Birthday” to sing while performing hand hygiene. What is your favorite song among those suggested in the article?
