



# Patient Care Menu

Orders may be faxed to:(302) 645-3481 or called in to Ext. 5153

PATIENT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

ROOM #: \_\_\_\_\_

**BREAKFAST**

## Main Fare

- French Toast ( ) Scrambled Eggs ( )
- Hardboiled Eggs ( ) Sausage Link ( ) Turkey Sausage ( )
- Scrapple ( ) Bacon ( ) Oatmeal ( ) Cream of Wheat ( )
- Cheerios ( ) All-Bran ( ) Corn Flakes ( )
- Rice Krispies ( ) Shredded Wheat ( )
- LF Yogurt ( ) Greek Yogurt ( )

## Bread Basket

## Fruits

- White Toast ( ) Wheat Toast ( ) Banana ( ) Grapes ( )
- Bagel ( ) English Muffin ( ) Pineapple ( ) Peaches ( )
- Wheat English Muffin ( ) Mandarin Oranges ( )

## Beverages

**Coffee:** Decaf Coffee ( )

**Tea:** Hot ( ) Herbal Hot ( ) Iced ( )

**Milk:** 2% ( ) Skim ( ) Lactose Free ( ) Soy ( )

**Juices:** Orange Juice ( ) Apple Juice ( )

Grape juice ( ) V8 Juice ( )

Cranberry Juice ( ) Prune Juice ( )

**Sodas:** Ginger Ale ( ) Diet Ginger Ale ( )

Diet Pepsi ( ) Pepsi ( )

## Compliments

- Stevia ( ) Splenda ( ) Sugar ( ) Brown Sugar ( )
- Cinnamon ( ) Pepper ( ) Herb Seasoning ( )
- Lemon ( ) Honey ( ) Syrup ( ) Creamer ( )
- Margarine ( ) Cream Cheese ( ) Jelly ( ) SF Jelly ( )
- LS Crackers ( )

## Beverages

### Lunch

### Dinner

#### Coffee:

( ) Decaf Coffee ( )

#### Tea:

( ) Hot ( )

( ) Herbal Hot ( )

( ) Iced ( )

#### Milk:

( ) 2% ( )

( ) Skim ( )

( ) Lactose Free ( )

( ) Soy ( )

#### Juices:

( ) Orange Juice ( )

( ) Apple Juice ( )

( ) Grape juice ( )

( ) V8 Juice ( )

( ) Cranberry Juice ( )

( ) Prune Juice ( )

#### Sodas:

( ) Ginger Ale ( )

( ) Diet Ginger Ale ( )

( ) Diet Pepsi ( )

( ) Pepsi ( )

## Desserts

### Lunch

### Dinner

( ) Canned Fruit ( )

( ) Ice Cream ( )

( ) Cookies ( )

( ) Pudding ( )

( ) SF Pudding ( )

( ) Jell-O ( )

( ) SF Jell-O ( )

( ) Angel Food ( )

Cake

## MAIN COURSE SPECIALS OF THE DAY

**LUNCH**

### Monday

**LUNCH: Salisbury Steak ( )**

*beef gravy, mashed potatoes, peas & carrots*

### Tuesday

**LUNCH: Baked Chicken ( )**

*macaroni & cheese, malibu blend vegetables*

### Wednesday

**LUNCH: Meatloaf ( )**

*beef gravy, potatoes, broccoli*

### Thursday

**LUNCH: Roasted Turkey ( )**

*sweet potatoes, green beans*

### Friday

**LUNCH: Italian Chicken ( )**

*penne a la vodka, zucchini*

### Saturday

**LUNCH: Pork Chops ( )**

*macaroni & cheese, stewed tomatoes*

### Sunday

**LUNCH: Baked Ham ( )**

*sweet potatoes, green beans*

**DINNER**

### Monday

**DINNER: Roasted Turkey ( )**

*potatoes, mixed vegetables*

### Tuesday

**DINNER: Spaghetti & Meatballs ( )**

*green beans, dinner roll*

### Wednesday

**DINNER: Mesquite Chicken Quarter ( )**

*cornbread, coleslaw*

### Thursday

**DINNER: Pot Roast ( )**

*beef gravy, potatoes, baby carrots*

### Friday

**DINNER: Cheeseburger ( )**

*lettuce, tomato, chips*

### Saturday

**DINNER: Rotisserie Chicken Quarter ( )**

*rice, green beans*

### Sunday

**DINNER: Roast Beef & Gravy ( )**

*mashed potatoes, mixed vegetables*

## Additional Selections

### To Begin Your Meal

- Chicken Noodle Soup ( ) Vegetable Soup ( )
- Maryland Crab Soup ( ) Tomato Soup ( )
- Cream of Potato Soup ( ) Tossed Salad ( )

**LUNCH**

### Everyday Favorites

- Tuna Sandwich ( ) Turkey Sandwich ( )
- Garden Salad w. Chicken ( )
- Veggie Burger ( ) Hamburger ( )
- Cheeseburger ( )
- Grilled Cheese ( )
- Baked Chicken ( ) Roasted Turkey ( )
- Mashed Potatoes ( )
- Rice ( ) Carrots ( ) Green Beans ( )

### Compliments

- Sugar ( ) Splenda ( ) Stevia ( ) Creamer ( )
- Lemon ( ) Pepper ( ) Herb Seasoning ( )
- Italian Dressing ( ) French Dressing ( )
- Ranch Dressing ( ) Margarine ( )

### To Begin Your Meal

- Chicken Noodle Soup ( ) Vegetable Soup ( )
- Maryland Crab Soup ( ) Tomato Soup ( )
- Cream of Potato Soup ( ) Tossed Salad ( )

**DINNER**

### Everyday Favorites

- Tuna Sandwich ( ) Turkey Sandwich ( )
- Garden Salad w. Chicken ( )
- Veggie Burger ( ) Hamburger ( )
- Cheeseburger ( )
- Grilled Cheese ( )
- Baked Chicken ( ) Roasted Turkey ( )
- Mashed Potatoes ( )
- Rice ( ) Carrots ( ) Green Beans ( )

### Compliments

- Sugar ( ) Splenda ( ) Stevia ( ) Creamer ( )
- Lemon ( ) Pepper ( ) Herb Seasoning ( )
- Italian Dressing ( ) French Dressing ( )
- Ranch Dressing ( ) Margarine ( )

**\*Please note: Not all food selections may be available based on your Physician's orders or diet. Contact Ext. 5153 or ask your hostess for additional options.**