

## Insulin Guidelines Chart 2022

Type	Name	Delivery Method	Cloudy or Clear	Onset	Peak	Duration
Rapid Acting	Insulin Aspart (NovoLog) Insulin Glulisine (Apidra) Insulin Lispro (Humalog)					
Regular	Regular (Humlin R, Novolin R)					
Intermediate Acting	NPH (Humulin N, Novolin N)					
Long Acting	Insulin Detemir (Levemir) Insulin Glargine (Lantus)					
Mixtures						
70% NPH/ 30% Regular	Humulin 70/30, Novolin 70/30	Syringe, Pen	Cloudy	30 to 60 minutes	Varies	10 to 16 hours
50% Lispro Protamine/ 50% Insulin Lispro	Humalog Mix 50/50			10 to 15 minutes	Varies	10 to 16 hours
75% Lispro Protamine/ 25% Insulin Lispro	Humalog Mix 75/25			10 to 15 minutes	Varies	10 to 16 hours