

Modified Aldrete Scoring System

Post Anesthesia Recovery Score

1. The Aldrete Scoring System will be used to monitor the patient's recovery from anesthesia. Each of 5 factors is given a score based upon observations of the client. The scores are totaled to determine the Aldrete score.
2. The client must achieve a score of 8-10 to be discharged from the PACU (except on documented orders from the Anesthesiologist or Surgeon).

Definition and Explanation

1. Activity

A. Able to move 4 extremities voluntarily or on command	Score 2
B. Able to move 2 extremities voluntarily or on command	Score 1
C. Able to move 0 extremities voluntarily or on command	Score 0
 2. Respiration

A. Able to deep breathe and cough	Score 2
B. Dyspnea or shallow breathing	Score 1
C. Apneic	Score 0
 3. Circulation

A. BP within 20% of pre-anesthesia level	Score 2
B. BP 21 – 49% of pre-anesthesia level	Score 1
C. BP within 50% of pre-anesthesia level	Score 0
 4. Consciousness

A. Fully awake	Score 2
B. Arousable	Score 1
C. Unarousable	Score 0
 5. Oxygen Saturations

A. Maintains value $\geq 92\%$ on room air	Score 2
B. Requires supplemental O ₂ to maintain $> 90\%$	Score 1
C. Value $< 90\%$ even with supplemental O ₂	Score 0
- ** Some facilities replace Oxygen Saturations with Skin Color**
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|---|---------|
| A. Normal pink skin or mucous membranes | Score 2 |
| B. Skin color pale, dusky, blotchy or jaundiced | Score 1 |
| C. Skin color cyanotic | Score 0 |