

# **NURSING 101: FOUNDATIONS OF NURSING**

## **UNIT II: THE CLINICAL UNIT - PART 1 - ASSESSMENT AND DIAGNOSTIC STUDIES:**

### **CLINICAL OBJECTIVES**

#### **AT THE COMPLETION OF THE CLINICAL UNIT, THE STUDENT:**

1. Discusses the purpose of a nursing assessment.
2. Discusses ideal environment for performing assessment of patient's physical status.
3. Discusses methods to obtain subjective and objective data during patient interview and physical assessment.
4. Performs assessment of the patient's physical status utilizing techniques of inspection, palpation, percussion and auscultation.
5. Summarizes physical and psychosocial assessment findings in a written format.
6. Discusses the nursing responsibilities before, during, and after laboratory and diagnostic procedures.
7. Identifies the significance of common laboratory tests.
8. Describes the collection of blood samples or other specimens for laboratory analysis.
9. Applies information gained from laboratory and diagnostic procedures to individualize patient care.
10. Identifies evidence-based practice/best practice standards related to physical assessment.
11. Demonstrates accountability during the assessment process.



CONTENT	HOURS	TEACHING METHOD	RELATED LEARNING EXPERIENCE OR SUPPORTING ACTIVITY	EVALUATION METHOD
<ul style="list-style-type: none"> <li>3. Head               <ul style="list-style-type: none"> <li>a. General</li> <li>b. Eyes</li> <li>c. Ears</li> <li>d. Nose</li> <li>e. Mouth and Pharynx</li> <li>f. Neck</li> </ul> </li> <li>4. Respiratory (Thorax and Lungs)</li> <li>5. Breasts</li> <li>6. Cardiac</li> <li>7. Peripheral Vascular</li> <li>8. Abdomen</li> <li>9. Urinary</li> <li>10. Reproductive</li> <li>11. Musculoskeletal</li> <li>12. Neurological</li> <li>13. Validating Data</li> <li>7. Documentation</li> <li>B. Nursing Care of the Patient Undergoing Diagnostic Tests and Procedures               <ul style="list-style-type: none"> <li>1. The Nurse As A Facilitator for Diagnostic Testing                   <ul style="list-style-type: none"> <li>a. Patient Preparation                       <ul style="list-style-type: none"> <li>1) Patient Scheduling</li> <li>2) Patient Teaching</li> <li>3) Informed Consent</li> <li>4) Physical Preparation</li> <li>5) Collection of Supplies</li> </ul> </li> <li>b. Responsibilities During Testing                       <ul style="list-style-type: none"> <li>1) Patient Assessment</li> <li>2) Patient Support</li> <li>3) Patient Positioning</li> </ul> </li> <li>c. Responsibilities After Testing                       <ul style="list-style-type: none"> <li>1) Patient Assessment</li> <li>2) Specimen Collection &amp; Equipment</li> <li>3) Documentation</li> <li>4) Patient &amp; Family Support</li> </ul> </li> </ul> </li> </ul> </li> </ul>		<p>Lecture PowerPoint Handouts</p>	<p>ATI Skills 3.0: Assessing an adult</p> <p>Practice an assessment Complete assessment and documentation Review Cardiac and Pulmonary Handouts</p> <p>Documentation assessment</p> <p>Scheduled and independent lab practice time</p>	<p>Clinical Evaluation</p>

CONTENT	HOURS	TEACHING METHOD	RELATED LEARNING EXPERIENCE OR SUPPORTING ACTIVITY	EVALUATION METHOD
d. Using Data to Individualize Care e. Using <u>Mosby's Diagnostic and Laboratory Test Reference</u>		Lecture Case Study  Orientation to Diagnostic and Laboratory Test Reference Unfolding Case Study – shared pairs	Interpretation of lab studies on assigned clinical patients Pre and Post Conference	Clinical Unit Exam

