



# Checklist

## Hygiene: Providing Perineal Care - Male

### Step by Step

SATISFACTORY /

UNSATISFACTORY

EVALUATOR'S COMMENTS

### Providing Perineal Care - Male

\*Provide privacy as needed.

\*Introduce yourself to the client.

\*Perform hand hygiene and put on appropriate PPE if indicated.

\*Verify client identification.

\*Determine whether the client has allergies.

\*Provide client education.

Place supplies on a stable surface within reach.

Adjust the environment for convenience, ergonomics, and lighting.

Assist the client to a position that accounts for their physical limitations and performing care.

- Using a washcloth, soap, and water— or perineal wipe—cleanse the urinary meatus first, using a circular motion.

- If client is not circumcised, retract foreskin prior to cleaning.

Rinse and dry the area. Replace foreskin if retracted.

Gently clean down the shaft of the penis and scrotum.

Turn the client on their side, facing away from you.

*\*Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

**Step by Step**

	SATISFACTORY / UNSATISFACTORY		EVALUATOR'S COMMENTS
Wash in between the buttocks, always front to back.			
Rinse and thoroughly dry all areas of the perineum.			
Remove gloves and perform hand hygiene.			
*Ensure that the client is in a safe position prior to leaving the room and has the call light within reach.			
*Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.			

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**References**

- Lynn, P. (2019). *Skill checklist for Taylor's clinical nursing skills* (5th ed.) Philadelphia: Wolters Kluwer.
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