STUDENT'S NAME _____

DATE _____

FOR FACULTY USE ONLY	DATE _____
EDUCATOR'S NAME _____	
	PASS / FAIL

ati NURSING EDUCATION

Checklist
Hygiene: Providing Perineal Care - Female

Step by Step	SATISFACTORY	UNSATISFACTORY	EVALUATOR'S COMMENTS
Providing Perineal Care - Female			
*Provide privacy as needed.			
*Introduce yourself to the client.			
*Perform hand hygiene and put on appropriate PPE if indicated.			
*Verify client identification.			
*Determine whether the client has allergies.			
*Provide client education.			
Place supplies on a stable surface within reach.			
Adjust the environment for convenience, ergonomics, and lighting.			
Assist the client to a position that accounts for their physical limitations and performing care.			
Using a washcloth, soap, and water—or perineal wipe—cleanse the labia majora. Cleanse from perineum to rectum.			
With the nondominant hand, separate the labia. Cleansing from perineum to rectum, wash both sides and the middle of the perineum. Use a clean part of the washcloth for each downward pass.			
Turn the client on their side, facing away from you.			
Wash in between the buttocks, always front to back.			
Rinse and thoroughly dry all areas of the perineum.			
Remove gloves and perform hand hygiene.			
*Ensure that the client is in a safe position prior to leaving the room and has the call light within reach.			

**Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

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