



Checklist

Hygiene: Bathing an Adult Client Using Prepackaged Bathing Product

Step by Step

SATISFACTORY /

UNSATISFACTORY

EVALUATOR'S COMMENTS

Bathing an Adult Client Using Prepackaged Bathing Product

*Provide privacy as needed.

*Introduce yourself to the client.

*Perform hand hygiene and put on appropriate personal protective equipment (PPE) if indicated.

*Verify client identification.

*Determine whether the client has allergies.

*Provide client education.

Gather supplies.

Check the client's overall health status and level of pain.

Remove warmed packages of bath cloths from the warmer.

Place a trash receptacle near the bedside.

Raise the height of the client's bed.

Place the client into a comfortable position and cover with a bath blanket.

Assist to remove the client's gown and the covers over the client.

Open the package of bath cloths and touch a cloth to determine that the cloth is not too hot before applying to the client's skin.

Apply nonsterile gloves.

Uncover the area being bathed and immediately replace the bath blanket after cleaning and drying the area.

Prepare to clean the client's skin by using a single wipe for each body area, starting at the least dirty and proceeding to the dirtiest. Discard the cloth and dry the area with a towel.

**Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

CHECKLIST: OXYGEN THERAPY: PERFORMING TRACHEOSTOMY OR ENDOTRACHEAL SUCTIONING (OPEN SYSTEM)

Step by Step

| | SATISFACTORY / UNSATISFACTORY | | EVALUATOR'S COMMENTS |
|--|----------------------------------|--|----------------------|
| | | | |
| Begin by cleaning the face, neck, chest, and abdomen using one cloth. | | | |
| Clean the right arm and axilla using one cloth. | | | |
| Clean the left arm and axilla using one cloth. | | | |
| Clean the groin and perineal area using one or more cloths. | | | |
| Remove gloves, discard, and apply new nonsterile gloves. | | | |
| Clean the right leg using one cloth. | | | |
| Clean the left leg using one cloth. | | | |
| Assist the client to roll to one side. | | | |
| Clean the back using one cloth. | | | |
| Clean the buttocks and anal area using one cloth. | | | |
| Remove gloves and discard. | | | |
| Assist the client into a comfortable position. | | | |
| Apply gown, remove bath blanket, and cover with linen. | | | |
| Dispose of used cloths and PPE in the appropriate receptacle. | | | |
| Perform hand hygiene. | | | |
| *Ensure that the client is in a safe position and has the call light within reach prior to leaving the room. | | | |

**Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

References

Kornusky, J., & DeVesty, G. (2018). Bed bath, disposable: Using. Cinahl Information Systems.