

STUDENT'S NAME \_\_\_\_\_

DATE \_\_\_\_\_

FOR FACULTY USE ONLY

DATE \_\_\_\_\_

EDUCATOR'S NAME \_\_\_\_\_

PASS / FAIL



# Checklist

## Hygiene: Replacing Linens on an Occupied Bed

### Step by Step

SATISFACTORY /

UNSATISFACTORY

EVALUATOR'S COMMENTS

### *Replacing Linens on an Occupied Bed*

Gather needed supplies.

\*Verify client identification.

\*Perform hand hygiene and put on appropriate PPE if indicated.

\*Provide client education.

Place supplies on a surface within reach.

Provide for privacy.

Ask a second person for assistance if needed.

Disconnect any call bell or equipment from linens.

Apply clean gloves.

Raise the bed to a comfortable working height.

Lower the siderail on the side of the bed that you are working on.

Remove all of the top linens except for the top sheet or bath blanket, which should cover the client.

Assist client to turn towards the opposite side of the bed. Use a second person if necessary.

Loosen all bottom linens from the bed on the side that you are on.

Roll or fold bottom linens toward the client's back, getting the linens as close to the client as possible.

Place the clean fitted sheet on the bed and place the corners on the head and foot of the bed on the side that you are on.

Push the rest of the clean sheet toward the middle of the bed and tuck it under the dirty linens.

*\*Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

**Step by Step**SATISFACTORY /  
UNSATISFACTORY

EVALUATOR'S COMMENTS

If using a draw sheet or water-absorbent pad, place it on the bed with the vertical fold tucked in with the bottom sheet, against the client's back.

Tuck the excess draw sheet under the mattress.

Raise the siderail.

Assist the client to roll over the tucked linens and on to their opposite side.

Move to the other side of the bed and lower the siderail.

Gently pull out the clean linens. Secure the corners of the fitted sheet at the head and foot of the bed.

Pull the draw sheet or water-absorbent pad taut and tuck under the mattress if necessary.

Assist the client back to their back.

Apply clean pillowcases to any pillows.

Apply clean top sheet and blanket.

Tuck in the sheet and blanket at the foot of the bed and miter each corner.

Cuff the top sheet and blanket at the client's shoulders.

Raise siderail.

Remove gloves and perform hand hygiene.

\*Ensure that the client is in a safe position prior to leaving the room and has the call light within reach.

*\*Document the relevant information (assessment findings, pharmacological and nonpharmacological interventions) in the client's medical record.*

**References**

Lynn, P. (2019). *Taylor's clinical nursing skills* (5th ed.) Philadelphia: Wolters Kluwer.

Perry, A.G., Potter, P.A., & Ostendorf, W.R. (2018). *Clinical nursing skills & techniques* (9th ed.) St. Louis, MO: Elsevier.

Potter, P. A., Perry, A. G., Stockert, P., & Hall, A. (2017). *Fundamentals of nursing* (9th ed.). St. Louis, MO: Elsevier.