NURSES NOTES DATE: 2021 Room # 555

Initials/ Signature TRL / T.Lynch SNB

Time	*I or E*	Notes	Specify Problem #
0800	E	Pulse ox = 95% on 2L O_2 NC. Using accessory muscles to breathe. ———————— TRL	1
0830	E	Requesting to go outside to smoke. ———————————————————— TRL	2
0830	I	Explained hospital's no smoking policy and danger with O2 therapy. Reassured	
		would call physician and request a Nicotine patch. ————————————— TRL	2
0845	E	ABG's and sputum sample collected by respiratory therapy. HHN administered	
		by therapist at bedside. ———————————————————— TRL	1
0845	I	Informed the importance to keep O_2 on at all times. ————————————— TRL	1,2
0845	E	Stated, " I hate this thing in my nose, but I do feel better when it's on." ————— TRL	2
0930	E	Eyes shut, resting in bed, pulse ox = 96% on 2L O_2. ————————————— TRL	1,2
0930	I	Maintained O_2 @ 2L NC and positioned HOB @ 30˚. ————————————— TRL	1
0945	E	When taking PO med, had a productive cough with yellow tinged sputum. Stated,	
		"I feel much better now." ———————————————————— TRL	1
0945	I	Demonstrated and encouraged pursed lip breathing. ————————————— TRL	1
1030	I	Assisted OOB to chair on 2L O_2. ———————————————————— TRL	1
1030	E	SOB noted when ambulating, RR = 28. Stated, "I'm too tired and weak to walk on	
		my own." ———————————————————————————— TRL	1
1030	I	Reminded to keep O_2 on at all times. ———————————————————— TRL	1,2
1045	E	Resting in bed, pulse ox = 96% on 2L O_2. Lung sounds remain clear, diminished at	
		bases bilaterally. Color WNL. Oriented x 3. ————————————————— TRL	1
1125	I	Showed smoking cessation video @ bedside. ————————————————— TRL	2
1125	E	Stated, "I'm really going to try to quit this time." ————————————————TRL	2
1230	E	Ambulated to bathroom with no SOB noted. Pulse ox = 97% on 2L O_2. ——————— TRL	1
1300	I	(Late note 0910) Placed Nicotine patch on L arm. ————————————— TRL	2
1400	E	Case management at bedside. ———————————————————— TRL	O

Room # _____555_____

Patient Problems & Goals

Problem #1: ___IMPAIRED GAS EXCHANGE_____

Clinical reasoning: _____----------_____

Patient Goal:

1._____----------_____ Met ☐
Unmet ☐

Problem #2: _____INEFFECTIVE SELF HEALTH MANAGEMENT_____

Clinical reasoning: _____---------_____

Patient Goal:

1._____----------_____ Met ☐
Unmet ☐

**Additional patient problems may be numbered and listed below as identified through review of the reflective nursing notes. Only 2 patient problems are required.*

Patient Teaching: _____ Documented in Cerner? ☐

Patient Resources: _____