Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing
Nursing Process-Day 2 Class Preparation (CP)

The nurse is caring for a patient on the medical-surgical unit. The following data have been collected:

- "Why do I need surgery?"
- "What are they going to do?"
- 99.4-92-20 138/88
- pacing floor
- alert and oriented to time, place, and person
- skin warm and dry
- turgor elastic
- mucous membranes moist
- capillary refill < 3 seconds
- HR regular
- palpable peripheral pulses
- active bowel sounds x 4 quadrants
- abdomen tender RUQ
- facial grimacing with RUQ palpation
- "Ouch, it hurts when you press there!"
- RUQ pain rated 7 on 0-10 scale
- c/o nausea and vomiting
- "I throw up every time I eat something."
- voided 600 mL clear yellow urine
- sensation intact
- history of gallstones

Utilizing the nursing process:

1. Identify the subjective & objective data.

2. Identify problem-focused (ACTUAL) nursing diagnoses using the NANDA list. (cluster the data to help determine problems)

3. Identify risk nursing diagnoses using the NANDA list.

4. Write your clinical reasoning for each. (why?)

5. Write one expected outcome (goal) for each nursing diagnosis.