

Beebe Healthcare
Margaret H. Rollins School of Nursing
Nursing 101 - Foundations of Nursing

NURSING CARE OF THE PATIENT UNDERGOING
DIAGNOSTIC TESTING

2021

THE ROLE OF THE NURSE

PATIENT PREPARATION:

Is the _____-responsibility.

◆ ***Patient Scheduling-***

Depends on the _____.

Fasting tests should be scheduled _____.

Try to group similar tests together to avoid unnecessary _____.

Order test in proper _____.

◆ ***Patient Teaching-***

Part of the nurse's role is to _____. All of this includes:

Preparation for test, procedure, post-test care. The nurse will explain information the test will provide.

Explanations need to be _____.

This will help relieve the patient's anxiety, ensure cooperation, or help the patient cope with a painful procedure.

Common questions you need to be able to answer:

What will they do?

Where will the test be done?

Will it be painful?

How long will it take?

When will I know the results?

◆ ***Informed Consent-***

The patient needs to be informed about the procedure, _____, & alternatives.

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Some procedures require _____ – patient must sign a form giving consent for the procedure / test. Usually invasive types of procedures (surgery, endoscopy).

◆ ***Physical Preparation-***

Many procedures require specific physical preparation to ensure accurate test results.

_____ is commonly required. If a patient is NPO & is receiving routine medications, it is necessary to _____.

Cleansing the bowel:

Skin cleansing or scrubbing:

Medications:

◆ ***Collection of Supplies-***

It is the _____ to prepare the necessary equipment & assist the physician, particularly those procedures done at the bedside (thoracentesis, lumbar puncture, cortisone injection, aspiration of a septic knee).

RESPONSIBILITIES DURING TESTING:

◆ ***Patient Assessment-***

Prior to the procedure-

During the procedure-

Post procedure-

◆ ***Patient Support-***

Supporting the _____ is an important function performed by the nurse.

Support activities include:

- Holding a patient's hand

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- Quietly standing next to the patient
- Distraction techniques or visual imagery may help decrease anxiety
- Statements about what to expect (i.e.- “We are just about finished.”) bone biopsy example.
- Making sure the patient is warm
- Communicating with the waiting family members

◆ ***Patient Positioning-***

Often the nurses’ responsibility is to position the patient during the procedure.

- Assisting the patient into a position of _____.
- Assisting the patient into a specific position as indicated by _____
(Lumbar Puncture, Bone biopsy, etc.)
- Assisting the patient to _____.

RESPONSIBILITIES AFTER TESTING

◆ ***Patient assessment-***

It is important to know about specific _____ for each procedure.

Some procedures require _____ pertaining to the procedure (i.e. – arteriogram – check for bleeding, pulse)

◆ ***Specimen collection and equipment-***

_____ properly and in the correct container
_____ to the lab (pneumatic tube system, etc.).
_____ the work area after the exam.

◆ ***Documentation-***

- Type of procedure
- Name of the person performing the procedure
- Date & time
- Summary of the assessments before, during, & after the procedure
- Collection of specimens
- Patient’s response & any complications.

◆ ***Patient and family support-***

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- ◆ Provide information about _____.
- ◆ Spend time with the patient

◆ ***Individualized care based on data-***

Nurses use information obtained through laboratory & dx testing to help guide their plan of care.

The use of test results helps guide your nursing plan of care; _____.

SUMMARY & CASE SCENARIO

You should have printed the handout prior to class!!!

Using *Mosby's Diagnostic & Laboratory Test Reference* (Pagana, Pagana, & Pagana)