

BEEBE HEALTHCARE
MARGARET H. ROLLINS SCHOOL OF NURSING
NURSING 102 - NURSING CARE OF ADULTS
INTEGUMENTARY TICKET TO ENTER 4/5/21

1. Name 2 causes of contact dermatitis.
 - **Contact with nickel or other metals such as jewelry or zippers.**
 - **Contact with poisonous plant such as ivy, oak, or sumac.**

2. What is another name for atopic dermatitis?
 - **Eczema**

3. Name a category of drugs commonly responsible for allergic drug reactions.
 - **Penicillins**

4. What is another name for a mole?
 - **Nevi**

5. What are 2 treatment options for acne?
 - **Topical over-the-counter products such as benzoyl peroxide or salicylic acid.**
 - **Topical retinoids (prescription) such as Tretinoin (Retin A).**

6. What are 2 signs and/or symptoms of psoriasis?
 - **Silvery scaling plaques on reddish colored skin.**
 - **Cracking/painful, pruritic, burning.**

7. What are 2 treatment options for psoriasis? Is cure possible?
 - **Topical therapy such as corticosteroids, tar preparations, topical immunomodulators.**
 - **UBV light therapy (natural or artificial) only requires seconds of exposure.**
 - **Control is possible but no cure.**

8. Name 3 risk factors for developing malignant melanoma.
 - **Chronic UV exposure including tanning booths/sun lamps.**
 - **Fair skinned, light eyes.**
 - **Immunocompromised**

9. What are the ABCDE's of skin cancer?
 - **Asymmetry (irregular shape, cannot fold ½ equally)**
 - **Border (irregular, ragged, notched edges)**
 - **Colors (many shades)**
 - **Diameter (over 6mm -pencil eraser)**
 - **Evolution (changes in size, shape, or color over time)**

10. What is the difference between an incisional and excisional biopsy?
An incisional biopsy uses a scalpel and only some of the mass is cut but not removed whereas an excisional biopsy removes the entire area or mass of abnormal skin.