

**Beebe Healthcare**  
**Margaret H. Rollins School of Nursing**  
**Nursing 101 - Foundations of Nursing**

**Nursing Process-Day 2 Class Preparation (CP)**

**The nurse is caring for a patient on the medical-surgical unit. The following data have been collected:**

- “Why do I need surgery?”
- “What are they going to do?”
- 99.4-92-20 138/88
- pacing floor
- alert and oriented to time, place, and person
- skin warm and dry
- turgor elastic
- mucous membranes moist
- capillary refill < 3 seconds
- HR regular
- palpable peripheral pulses
- active bowel sounds x 4 quadrants
- abdomen tender RUQ
- facial grimacing with RUQ palpation
- “Ouch, it hurts when you press there!”
- RUQ pain rated 7 on 0-10 scale
- c/o nausea and vomiting
- “I throw up every time I eat something.”
- voided 600 mL clear yellow urine
- sensation intact
- history of gallstones

**Utilizing the nursing process,**

- **Identify the subjective & objective data.**
- **Objective:**
- 99.4-92-20 138/88
- pacing floor
- alert and oriented to time, place, and person
- skin warm and dry
- turgor elastic
- mucous membranes moist
- capillary refill < 3 seconds
- HR regular
- palpable peripheral pulses

- active bowel sounds x 4 quadrants
- abdomen tender RUQ
- facial grimacing with RUQ palpation
- voided 600 mL clear yellow urine
- sensation intact
- history of gallstones

**Subjective:**

- “Ouch, it hurts when you press there!”
- RUQ pain rated 7 on 0-10 scale
- c/o nausea and vomiting
- “I throw up every time I eat something.”

**1. Cluster data together according to similarities.**

- c/o nausea and vomiting
- “I throw up every time I eat”
- active bowel sounds x 4 quadrants
- abdomen tender RUQ
- facial grimacing with RUQ palpation
- “Ouch, it hurts when you press there!”
- RUQ pain rated 7 on 0-10 scale
- history of gallstones
- voided 600 mL clear yellow urine

**2. Identify problem-focused (ACTUAL) nursing diagnoses using the NANDA list.**

- **Impaired urinary elimination related to insufficient urinary output**
- **Acute pain related to verbal complaint of pain and facial grimacing with RUQ palpation**

**3. Identify risk nursing diagnoses using the NANDA list.**

- **Risk for electrolyte imbalance related to impaired urinary elimination**
- **Risk for dysfunctional gastrointestinal motility related to pain in RUQ**

**4. Write the identified nursing diagnoses using related factors and defining characteristics (if applicable).**

- **Acute pain related to tissue trauma secondary to history of gallstones.**

**5. Write one expected outcome for each nursing diagnosis.**

- **Pt will no longer have pain once the gallstones are removed.**