

**STAFF ORIENTATION AND ANNUAL TRAINING PLAN - PERSON SPECIFIC**

**Name:** Kirsten Bernard **Date of hire:** 2.24.2025  
**Date of background study submission:** 2.24.2025 **Date of background study clearance:** 2/27/2025  
**Ongoing annual training period:** 2/2024  
**Date of first supervised contact:** **Date of first unsupervised contact:**

Before having unsupervised direct contact with persons served or for whom the staff has not previously provided direct support or any time these plans or procedures are revised, staff must review and receive instruction in the following areas as they relate to the staff's job functions for that person. **\*Complete this form for each person served to whom the staff person will be providing direct contact services.**

**Training topics for community residential services (settings):** training and competency evaluations must include the following topics, marked with an asterick (\*) if identified in the *Support Plan*.

**Name of person served:** Erik Lund

Orientation to individual service recipient needs	Date of completion	Type of demonstrated competency	Length of training	Name of trainer and company, if applicable
*Appropriate and safe techniques in personal hygiene and grooming including: Hair care Bathing Care of teeth, gums, and oral prosthetic devices Other activities of daily living (ADLs) per 256B.0659-specify:	6.02.2025	Self-Review	0.5	Kirsten Bernard, DM
*Understanding of what constitutes a healthy diet according to data from the CDC and the skills necessary to prepare that diet	6.02.2025	Self-Review	0.25	Kirsten Bernard, DM
*Skills necessary to provide appropriate support in instrumental activities of daily living (IADLs) per 256B.0659-specify:	6.02.2025	Self-Review	0.25	Kirsten Bernard, DM
CPR, if required by the Support Plan and Support Plan <i>Addendum</i>	N/A	N/A	N/A	N/A

<i>Support Plan Support and Plan Addendum, and Self-Management Assessment</i> to achieve and demonstrate an understanding of the person as a unique individual and how to implement those plans. Include outcomes, behavior plans, and any document specific to the person	6.02.2025	Self-Review	1	Kirsten Bernard, DM
<i>Individual Abuse Prevention Plan</i> to achieve and demonstrate an understanding of the person as a unique individual and how to implement those plans	6.02.2025	Self-Review	0.5	Kirsten Bernard, DM
Medication set up or medication administration training when staff set up or administer medications. <b>Training also includes specific medication set up or administration procedures for the person</b>	6.02.2025	Self-Review	0.25	Kirsten Bernard, DM
The safe and correct operation of medical equipment used by the person to sustain life or to monitor a medical condition that could become life threatening. This training must be provided by a licensed health care professional or manufacturer's representative	6.02.2025	Self-Review	0.25	Kirsten Bernard, DM
Mental health crisis response, de-escalation techniques, and suicide intervention when providing direct support to a person with a serious mental illness	Completed in Star Services LMS	Completed in Star Services LMS	Completed in Star Services LMS	Completed in Star Services LMS
<b>Other topics as determined necessary according to the person's <i>Support Plan</i> or identified by the company:</b>	<b>Date of completion</b>	<b>Date and type of demonstrated competency</b>	<b>Length of training</b>	<b>Name of trainer and company, if applicable</b>

Topic: Crisis plans if applicable	NA	Competency based training w/ Designated Coordinator	0.25	
Topic: Seizure protocols if applicable	NA	Competency based training w/ Designated	0.25	
Topic: Elopement protocols if applicable	NA	Competency based training w/ Designated	0.25	
Topic: Diabetes protocols if applicable	NA	Competency based training w/ Designated	0.25	
Rights restrictions if applicable	NA	Competency based training w/ Designated	0.25	
Topic: Other Medical emergencies protocols if applicable	NA	Competency based training w/ Designated	0.25	

  
 Staff signature

6.2.2025  
 Date

\*I understand the information I received and my responsibilities for their implementation in the care of persons served by this program.