

## Writing Assignment – Week 10

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### - New Year's Resolution

It is very common for most of people making plans for the next year. Some people can follow their planning. On the other hand, some people cannot accomplish their goals. I will try to simplify my new years resolutions into categories: academic, personal and financial.

Regarding to my academic life I will try improve my writing skills. On the other hand, I need practice more conversation in English. Furthermore, I want to spending more time reading thereby improve my vocabulary. In fact, I want to start college next year and I know the language is very important.

In relation to my personal plans I will try to do more exercises and eat healthy food. There are many reasons most of people should set a resolution of eat fewer calories. The principal reason is to lose weight. After all, carrying excess weight puts us at a greater risk of a whole range of serious health problems, including heart disease, diabetes and some others. Also, when you get the good habits you can rise up your metabolism and your quality of life can be better.

As far as my financial goals I will start saving money. I want to save money because I need change my car. In that case, I know if you have some money you can make a down payment and the amount can be less. Even though, to save money is very hard but you need think about it. With this is mind, I will try saving money to building an emergency fund. You never know what tomorrow might hold when it comes to your finances but with an emergency fund, you can face the unknow with bit more confidence.

In conclusion, planning is always a good strategy to achieve our purposes and to keep ourselves on track. I wish realize all my New Year's Resolutions mostly with relation my writing skills, my habits about healthy food and exercises. Finally, the most important thing saving money.