

How does toxic thinking impact a leader's emotional state?

Hi classmates,

Toxic thinking upon entering into the mind, has a lot of tremendous effects. It affects human daily life especially his work and relationships, which if not controlled will destroy everything. Toxicity in human mind and body erodes and lowers thinking capacity creating fear and automatically leading to stress. A stressed leader is not effective in God's ministry and other departments entrusted unto. Instead it brings divisions and quarrels amongst the people he or she is leading, work mates, and family relationships. It could result into suicidal activities, divorce or even permanent poor health diseases.

In Romans 8:6 if the leader's mind is controlled by wicked thoughts of human nature, it results into death. It is the leader's duty to cultivate a state of mind which is controlled by the spirit of God leading to life and peace. Also Romans 12:2 paves way for leaders mind renewal.

Dr. Leaf's statement states a fact that leaders must make a fundamental choice which can accommodate the God's given ability of controlling the incoming and present thoughts in a positive and right manner.