

Who switch off my Brain

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When Summarizing the “Who switch off my brain”, several things come to mind. After doing a little digging for her qualification. Dr. Leaf is identified as a learning specialist, not a medical doctor. Looking at the audience, which was pack, she seems to capture their attention. She talks about the male brain and the female brain, how the male brain is bigger than the female brain. She goes on to say, that the sizes have nothing to do with how intelligent you are but has everything to do with connection. She goes on to say there are things in the male brain, that is not in the male brain, and vice versus, which goes to show that we need each other. The brain weights 3 1/2 pounds, and she states that research shows that around 87% of illness can attributed to our thought’s life and approximately 13% to diet, genetics and environment. She divides emotions into two categories: faith-based, which are positive, and fear-based, which are negative. She gives example of a green tree versus a black toxic tree

She fills our minds with positive responses within the body. It reinforces the wisdom of scripture in Philippians 4:8-9, which ends with “and the God of peace shall be with you” She states that

whatever victories that you have comes through Christ Jesus. Finally, you always go to war with God.

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