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Chapter 1

I agree with Harley Jr., he stated that, “when a husband and wife come to me for counsel, my first goal is to help them identify their most important emotional needs what each of them can do for each other to make them happiest and most content”. I totally agree with that statement. When we marry we set our goals and standards high. Our expectations in a spouse should be set high. A spouse should not settle for less. They commit themselves to meeting certain intense and intimate needs in each other. Especially in our emotional needs. When we enter into a marriage you don’t want anyone else to meet your needs but your spouse and when these needs are not meet, there is a feeling of frustrated, disappointed and neglect. Sometime a spouse may feel that they are not attracted to each other anymore. If this keeps up, then an affair might start happening. Privately speaking when I entered into my marriage, I expected high expectations. I was disappointed in certain arears of my marriage. In a marriage the spouse must agree to forsake all others this will allow the marriage to grow or heal which ever the situation is.

If a spouse has many intimate needs and if these needs are not being met, then the spouse seeks other alternatives such as an affair. An affair can lead to frustration, depression or mental stress. An affair must consist of two people. An Affair can last for years. An affair can cause problems in a marriage. If the affair experience deep love for each other and when this happens the marriage is in big trouble. An affair usually starts with friendship. Usually it is someone you know. It may be your neighbor, classmate, co worker, church member, or a random person. All affairs starts by conversation.

Chapter 2

I have never heard of a love bank which keeps up with your deposits and withdrawals. This is a good thing. The love bank gives you something to think about. Where is your love going? What should I deposit or take away. There are many times our love starts out at 10,000 units and this is high but what happens along the way.

I am appreciative to know that everyone has a love bank. We deposit and withdraw all of the time in relationships and didn't know that it was called a love bank. We can deposit and withdraw from this bank. The account may fluctuate depending on how you feel about this individual. I believe that the love bank should never close and it should be used in every relationship.

When you first meet your deposits are much higher than withdrawals. Your desire for each other are very strong. It becomes stronger and stronger each day. During your first year of dating the conversation is good, the dining is good, you enjoy each other, you can't seem to leave each other side, you are on cloud 9, your bills are being paid, the shopping is good. There is nothing that can break you apart. Your relationship seem to have been the best thing that has ever happened to you but after a year has passed there is no more deposits in your bank or the deposits are very little. Everything that you expected in the relationship has gone sour. Where did the love go?

The story of John and Mary was very informative. The love was there from the beginning, but school got in the way and a baby making it hard for John to adjust. John felt like he was being over looked in the relationship and Mary didn't see what was happening to the marriage.

John decided to seek other alternatives. When you decide to take on extra duties inside of your marriage there should always be a balance. You don't want to leave any space or gaps for the enemy to take control of your marriage.

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Reference

Harley, Willard F., Jr., His Needs, Her Needs, Published by Revell a division of Baker

Publishing Group, Copy right, 1986, 1994, 2001, Pages 17-22, Pages 23-34.