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Developing the Healthy Leader

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Who Switch Off My Brain

The video was very informational on the brain and how it functions. It has always been said down through the years that your mind is a terrible thing to waste. We have to be very careful in what we feed into our brain cells because there are so many negative things in this world that can cause you to have bad thoughts and do bad things if we are not prayed up. The bible tells us so is a man that thinketh in his heart so is he. I really enjoyed the video. The scientist said that you are in control of what goes in your mind. Every word is your first thought and your words are real life or death and it goes back into our own ears and others.

How to change the attitude in your brain, there was a demonstration on the male and female brain. Men brain was smaller and that's why they have a hard time and women brain was bigger, but she came back and said that the man brain was bigger, maybe this could have been the

reason why God made women to be man help meet. It has been said that man think with one side of his brain and women think with both sides of her brain but male and female need each other. What God put in man is not in woman and what God put in women is not in man. We are able to change our own brain because we are in control and we are able to perform our own brain surgery. The brain is powerful and your intelligent is in your hands. I am gifted and wonderfully made.

God has put in us a Bryant Neo Plasticism. Neo means brain and Plastism means change. God put this in us before we were born. God has design us to change our own brain and we are in control.

We are wired for love and equip to go and do what God has called us to do; meaning that we are wired to have healthy thoughts. A black tree is toxic thoughts and a green tree is heathy thoughts. When we wire fear in our brain it is not normal. We are wire for love because fear I counterfeit and God is love.