

The Most Important Ingredient of Leadership

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The most important ingredient of leadership as described by Chand, is pain. In order to have growth as a leader, pain must be involved. Pain has a way of getting a leader out of their comfort zone. It can thrust them into their purpose or cause them to retreat and withdraw. Once the pain is recognized and accepted as the teacher that it is meant to be, a leader can begin to build and grow from it. God entrust leaders with certain abilities as a result of the pain they have endured. God truly works everything for our good, Romans 8:28. Without pain, a leader would not progress and they would become obsolete. Pain also develops character and humility. It has a way of changing a leader's perspective and making them more open to be compassionate and understanding with those that follow them. It drives them to be better for those around them. If allowed, pain can really be the most important ingredient in leadership.

References

Chand, S. R. (2015). *Leadership pain: Classroom for growth*. Nashville, TN