

## Christian Coaching

### Chapter 18

- 1) Why do some groups reject coaching?  
**Cultural insensitivity on the part of the coach explains why some groups, including professional groups reject coaching.**
  
- 2) List the ways in which coaching might be applied in ministry situations.  
**Coaching Pastors**  
**Coaching individual leaders or church members**  
**Coaching small groups and their leaders**  
**Coaching church boards**  
**Coaching in parachurch ministries**  
**Coaching in Christian organizations**  
**Coaching for leadership development**  
**Coaching and missions**  
**Training church members to coach**  
**Coaching congregations through change**  
**Coaching congregations through pastoral transitions**
  
- 3) Discuss Tony Stolfus ideas about coaching, the church and character.  
**Tony is bringing Christian coaches together for doing ministry even as he develops coaching materials for pastors, churches, and coaches. Character comes from life, skills and methodologies come from training. Methodologies transform people only to the degree that they are channel for transformed life. Coaching is a methodology and not an end in itself.**
  
- 4) Define spiritual direction  
**Spiritual direction involves one person's helping another with his or her relationship with God.**

5) What is spiritual coaching?

**Spiritual coaching is about helping a person explore, develop, and then live out a more intimate relationship with God.**