

## Christian Coaching

### Chapter 16

- 1) What are the four key purposes of work from God's perspective as found in the book? The incubator in which we grow our faith, a training ground to increase our capacity and influence, and a stage on which we reflect God's image and love.
- 2) What are God's three callings on our life? First, we are called to be His followers. Second is the career call to do His work. Third, is the ongoing, faithful call to persevere and become like Christ.
- 3) Define career coaching it involves supporting people as they clarify what God has called them to do.
- 4) Discuss the difference between career counseling and career coaching. career counseling is heavily focused on testing and on specified steps to reach a decision. It tends to be a more formal walking through a process. Career coaching, which tends to be more tailored to the individual's whole needs.
- 5) What is career discovery coaching? The individuals do not know what career they want. The coaching approach is not a matter of giving a formula but of finding what is keeping them from making the discovery.
- 6) What is career development? It is individuals typically have a direction within a career field, but they want to build upon their career foundation or find a niche within it. Coaching takes the approach of finding out what's missing and what's keeping them from moving to the next level.
- 7) Discuss protean careers. It is one in which the person, not and organization, is in charge. Freedom, growth, self-fulfillment, and mobility are valued more than job security, salary, title, or position.



- 5) Discuss small business coaching, including the challenges and what small business coaching involves.