

Write a Reflection

Topics include fallacies in reasoning, how to become a critical thinker, moral reasoning, and creative thinking technique. I now recognize that critical thinking, by its very nature, requires systematic monitoring of thoughts, that thinking to be critical must not be accepted at face value, but must be analyzed and assessed for its clarity, accuracy, relevance, depth, breadth, and logicalness. Moral reasoning is individual or collective practical reasoning about what, morally, one ought to do, we may understand issues about what is right or wrong. Creativity is the ability to generate innovative ideas and manifest them from thought into reality. The process involves original thinking and then producing. Laughter is just like medicine, it relaxes your body, and boosts the immune system, and even improves the function of the blood vessels, which protect the heart, it reduces anxiety, and relieves stress.