

Reflections on Chapter 10: Lifelong Success

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In partial fulfillment of the requirements for the course

ATH1150L Success for Life and Ministry Online

Department of Leadership Studies

October 31, 2017

My reflections on chapter 10 are largely focused on the section dealing with communication. Poor communication can have very small to very serious consequences. It is important to know your own communication style as well as others. Actively listening and learning how to improve speaking are two important aspects of being an effective communicator. Exercising caution to avoid barriers to communication can keep disruptions from happening in the process. Being critical, name calling, threatening, diverting, are just a few barriers to communicating effectively.

I have learned a great deal from this chapter that will help me moving forward. Communicating effectively requires you to take action. Our words have power; they have power even beyond what we realize. Our words are the product of our thoughts. Our thoughts are valuable. The only way to make those thoughts known is to communicate them in some manner. Effective communication is vital to success on every level.