

## Peer Coaching Milestone Report 1

Peer/John Rogers

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### **GROW MODEL ROLE**

- GOAL
- REALITY
- OPTIONS
- WRAP-UP

The **reality** for in John has been not making the time for himself. Some of the importance looking back over his life. It is much clearer to him now than before. He is much clearer of what needs to go and remain. Because of a different mature level, he has reached today and time. Time is a major factor for him. Sometimes there is not enough time in a day. As obstacles have shifted and many things stepped in. He has been very ambitious in and carrying and what he wants to work hard to do and accomplish. The **Goals** he has set before him. Is to stay at a pace within himself. One of the goals he wants to embrace fully is becoming more healthier. Embracing his weight loss to attain a set time in completing. His **Options** are staying in a time frame and being consistent and motivated in being a husband, father, and leader. Everything has been worthwhile and followed out. Except for what time does he allows for himself. He said in the past there haven't been much to mention. He is setting some priorities for himself and goals. That he can give his change time to grow. Therefore he will be able to get to the next levels in his life. He didn't have the heart when it was time to say no. But he has realize there is always a time and place for everything. There is even a time to say yes or no. His compassion he has for God and people. But God still allows what should come in at a certain time. Because having Christ as the center of his life. Things are still done in decency and in order. He said this is his winning season no more letting things cover up what is important for his change. He is aware and plan to be dedicated and persistence in it. Some of his others tasks that he mention. Is consistency and structure with very measurable amounts each day. He will no longer be held captive to but free to put what has not given his time. He wants to embrace accountability through the steps and model for growth. The **Wrap-Up** in all this John's awareness is that his mind-set and wisdom and knowledge of everything. The main course is like a full course meal. But the main thing is what he said that will balance to fulfill in the time a time frame manner. As he engage to reach these things each gap and void can no longer be a part of his process. He wants a change in every area to manifest and come into a different place. That he can passed along to help others that have had the same struggles. He wants to be able to implement that setting goals are so important. Especially having the time to fulfill the one sets for yourself and completing them.